



# Holiday Gift Guide



## Reusables: Gifts that Keep on Giving!

Reduce a loved-one's reliance on single-use disposables this year with Sustainable Wellesley's Reusability Focused Gift Guide!

2017

## © For the Coffee or Tea Lover

Coffee that stays hot all morning? Luxury! And what's more Zen than a tea-break that doesn't create any waste?

### Contigo Insulated Stainless-Steel Travel Mug - \$17



An insulated coffee mug that doesn't spill is a coffee lover's dream! Tuck a reusable bag filled with bulk coffee beans inside for an extra-special gift.

### Arbor Tea - \$10+

Available Loose Leaf or With Compostable Package

Compostable packaging means these teas are zero waste, and the company sources as much as possible from Fair Trade and organic farms.



## © For the Foodie

Food looks and tastes better when you're not eating from plastic. Indulge someone's senses by giving them the gift of gourmet-to-go with these reusable utensils and containers!

### Bamboo Utensil Set by T o-Go Ware - \$13

Enjoy eating with utensils made of bamboo, a highly durable and sustainable resource. Includes a knife, fork, spoon and chopsticks (which double nicely as coffee stirrers). With a holder made of a sturdy, washable material made of recycled plastic bottles



### HydroFlask - \$25+



The company's mission is to save the world from lukewarm.

Hydroflasks come in 10 colors, 7 different sizes, and a variety of lid options. With insulation that keeps your water ice cold or your coffee toasty warm, they make ditching plastic water bottles a no-brainer.

## LunchBots Stainless Steel Bento Box - \$40

These durable bento boxes are an investment, which makes them a great gift. Your recipient can bring a little of this and a little of that for a bento style lunch and then throw this stainless-steel container right into the dishwasher! Great for packing healthy zero-waste lunches for school or the office.



## Folding Spork from Life Without Plastic - \$10

A foldable stainless-steel spork that can fit in your pocket, purse or in your child's lunch bag. A deep bowl shape to make it easy to eat soups and little tines to grab food such as carrots or potatoes easily. A certified organic cotton pouch makes it easy to stow cleanly when on the go.



## Stainless Steel Snack Containers - \$10+

Use all-stainless container as a non-toxic alternative to plastic containers. Pack smaller items like berries, nuts and crackers.



Set inside larger stainless-steel containers to carry along hummus with your cut veggies, or guacamole with your chips. Pack kid's lunches and picnics on the go, while

saving trash from our ever-growing landfills.

We like the ones from [UKonserve](#) and [To-Go Ware](#).



## Recycled Cotton Reusable Bulk Food Bag - \$10



These recycled cotton bags are reusable, biodegradable, and, well, adorable. We've found the trick to success with reusable bags is having enough when you hit the produce department and bulk bins, making them a great gift.

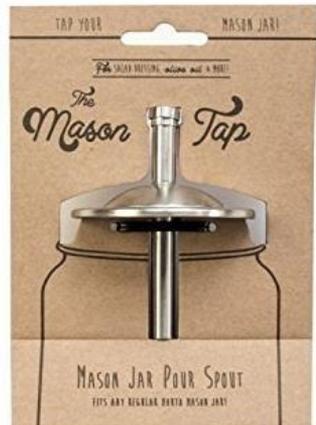
## Glass Storage Jars - \$9+

Bulk foods beautify any counter top when they're presented in a glass storage jar. Choose from inexpensive staples like canning mason jars or splurge on high-end presentation pieces from Bodum - fill them with a bulk food or food storage bags for two gifts in one!



## Mason Jar Pour Spout - \$20

Turns mason jars into the perfect reusable salad dressing container! You can also find drink lids for Mason jars; turn them into the ultimate kitchen multi-tasker by pairing them for your gift recipient!



## © For the Home

### Paperless Towels from Gina's Soft Cloth Shop - \$19



These unpaper towels are super absorbent 100% cotton and are serged around the edges for a clean finish. Use them to mop up any spill, dry your hands, or for any typical use of paper towels.

Throw them in the washer and dryer with any and all loads of laundry (they take up very little space), because no special care is required!

### e-cloth Home Cleaning Cloths 8-piece set - \$40

These e-cloths clean with just water and can be washed and reused over 300 times, reducing reliance on cleaning chemicals and paper towels! According to manufacturer testing, microfibers trap over 99% of bacteria including e-coli and listeria, leaving you with a chemical free clean.



## GUPPYFRIEND Washing Bag from Patagonia - \$20



The GUPPYFRIEND Washing Bag protects synthetic garments and reduces the amount of microfibers that may enter rivers and oceans from washing. After washing garments in GUPPYFRIEND, remove the microfibers from the bag and throw them away in the trash. Sold at cost from Patagonia to protect our oceans from plastic.

## Laundry Detergent from the simply co. - \$20

The simply co. strives to be plastic free, and their laundry detergent is free of SLS, dyes, 1-4 dioxane, EDTA, petrochemicals, chlorine, phosphates, formaldehyde, and optical brighteners. It's not tested on animals, and their 32oz jar does 60 loads of laundry! You can even buy it locally from the Wellesley based eco-boutique One Savvy Mother.



## © For the Parent/Grandparent/Caregiver

Kids can be tough on glass, but plastic may not be the healthiest option! Stainless steel is a great work-around for durable reusability.

### 10oz Stainless-Steel Cups from Greens Steel - \$21



These stainless-steel cups are dishwasher safe and great for everyday use and kids' parties when glass isn't the best idea but reusable and non-toxic are priorities.

### 12oz Kid Water Bottle by klean - \$17

This small water bottle is the perfect size for kids and doesn't make backpacks too heavy!



### GreenPaxx Universal Cup Lid with Silicone Straw - \$11

No more plastic leeching into your drinks! These adult and kid-friendly straws made of food-grade silicone come apart for easy cleaning, and the lid has multiple three rings underneath that stretch and seal to fit on everything from your coffee mug to a pint glass.



## © For the Traveler

Help the frequent traveler in your life feel at home wherever they go with these gifts.

### Travel Soap Container from Package Free Shop - \$10



Know a traveler who might be tired of plastic-wrapped hotel soaps that smell like... someone else? Let them bring their favorite bar soap with them on their next business trip or to the gym.

### TSA Approved Silicone Travel Bottles - \$18 for 4

These travel size bottles are easy to refill, TSA approved, and flexible enough to work efficiently. They're great for avoiding expensive travel sizes of favorite products and for eliminating reliance on hotel toiletries.



# © Wrapping

Wrap your Holiday Gifts this year using Furoshiki, the Japanese cloth wrapping method. You can use any square cloth that's not too stiff (napkins, handkerchiefs), make your own, or buy special Furoshiki cloths online.

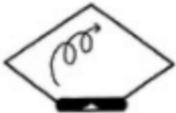
These instructional graphics showing common Furoshiki techniques are from [Japan's Ministry of the Environment](#).

**Otsukai Tsutsumi**  
[ Basic Carry Wrap ]



**Entou Tsutsumi**

[ Long Object Wrap ]



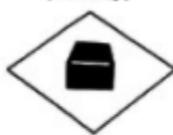
**Kousa Tsutsumi**

[ Slender Object Carry Wrap ]



**Yotsu Musubi**

[ 4 Tie Wrap ]



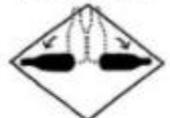
**Bin Tsutsumi 1**

[ Bottle Carry Wrap 1 ]



**Bin Tsutsumi 2**

[ Bottle Carry Wrap 2 ]



## © Resources: Where to Shop

Visit [SustainableWellesley.com/giftguide](http://SustainableWellesley.com/giftguide) for links to buy all the items featured in this guide.

## © Vendors:

Arbor Tea – [www.arbortea.com](http://www.arbortea.com)

The Package Free Shop – [www.packagefreeshop.com](http://www.packagefreeshop.com)

Amazon – [www.amazon.com](http://www.amazon.com)

One Savvy Mother – [www.onesavvymother.com](http://www.onesavvymother.com)

Life Without Plastic – [www.lifewithoutplastic.com](http://www.lifewithoutplastic.com)

Whole Foods – [www.wholefoods.com](http://www.wholefoods.com)

## © Make Your Own Furoshiki Cloth:

Cut a square piece of fabric a little larger than your desired size. Fold in each of the edges a quarter inch and iron; fold again and iron. Find instructions online for sewing mitered corners, follow and then sew around the perimeter of your prepared cloth in the middle of the fold. Flexible fabrics like thin cotton work best for tying!

*printed on recycled paper*

