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Wellesley Green Schools March 26th, 2018 Newsletter

Please forward to anyone who might be interested! They can subscribe [here](#).

Wellesley Green Schools Will Meet on April 12th!

Email info@wellesleygreenschools.com for details if you'd like to join us.

Sprague Garden Needs Volunteers!



Calling novice and seasoned gardeners alike to sign up for a slot to help with Sprague's garden!

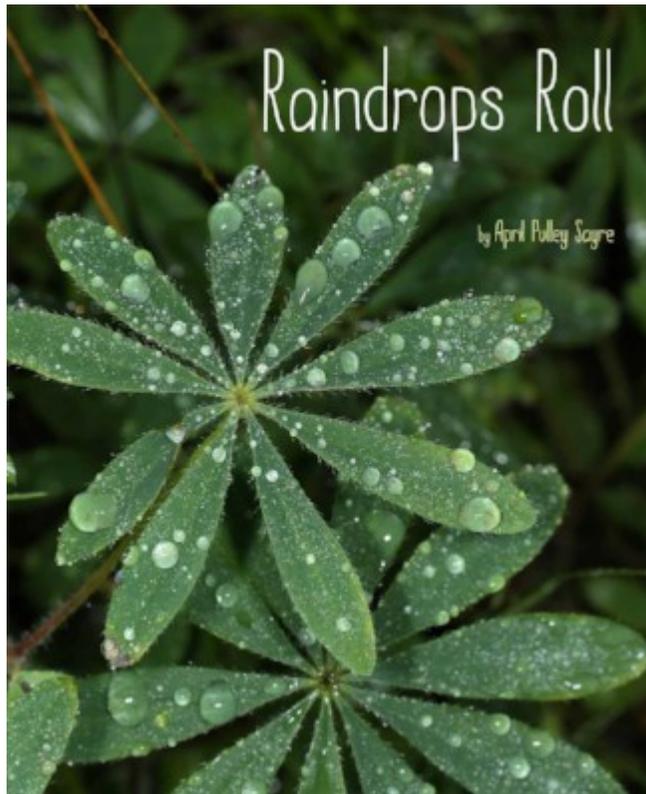
We have opportunities for all levels and it's a great way to get your kids outside! For more information and to sign up, please visit our [sign-up genius page](#).

Planning to Get Outdoors for April Vacation? Look For Safer Sunscreen!



Oxybenzone is an ingredient in many sunscreens, but not only is it an endocrine disruptor, it's also damaging to coral reefs. It's such a hazard to our oceans that Hawaii is considering banning the use of oxybenzone sunscreens. Read a NY Times article about it [here](#). Look for alternatives that are labeled "reef safe" – they'll be safer for you, too. The Environmental Working Group's Skindeep database is an excellent resource for evaluating the safety of sunscreens and their efficacy. Their [top kids' sunscreen list](#) includes a UVA/UVB balance rating as well as ranking the health concerns associated with ingredients.

Green Book Recommendation - Raindrops Roll



Whether you're sad to see the snow go or are jumping for joy about spring's arrival, you'll likely appreciate April Pulley Sayre's *Best in Snow*. Her nonfiction poem includes gorgeous photos along with information on snow's journey from bodies of water to moisture in the air to snowflakes landing on the ground—or a squirrel's nose. It also includes back matter with detailed information on the water cycle and a bibliography for further reading. Also, check out Sayre's companion book, *Raindrops Roll*, for another fun book on the wonders of water.

Thanks to Robin Wechsler for the book rec and write up!

Kick off spring with this delicious [BBQ Black Bean Burger](#)



Is it burger season yet?

Kick off spring with this delicious [BBQ Black Bean Burger](#) from the Minimalist Baker.

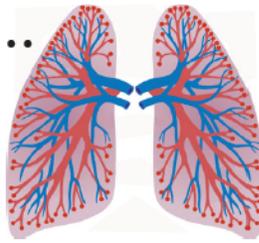
Meatless Mondays are a great way to reduce your carbon footprint, water footprint, and reduce deforestation and habitat destruction required to create grazing lands for grass-fed cows or feedcrop for factory farms. Black bean burgers are a delicious alternative to mix into your routine! Read more in the [Meat Eaters Guide to climate change + health](#) from the Environmental Working Group.

TURN THE KEY - BE IDLE FREE!

Thank you for not idling in car line while you wait for dismissal! You can keep our kids healthier by turning the key and being idle free. With the weather getting warmer it's even easier to shut off your engine.

CHILDREN...

- have still developing respiratory systems



- breathe **50% more air** per pound of body weight than adults
- are closer to exhaust tailpipes

Have Green Photos or News to Share? [E-mail it to Kelly Caiazzo](#) with permission to share.



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